# Your Health, our Expertise Recover, Refresh, Rejuvenate







anti-ageing & aesthetics clinic

## **Platinum Menu**







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## The Platinum Package

## NAD

NAD regenerative therapy boasts a wide range of benefits. NAD IV therapy works by delivering the oxidized form of a coenzyme called Nicotinamide Adenine Dinucleotide (NAD+) directly into the blood stream

## Why we love it .....

NAD the following is a list of 8 major benefits

#### 1. Improve cognitive function

boost mental clarity, improve memory, mood, concentration, focus. Also boost neurological function and may reduce symptoms of depression.

#### 2. Boost Energy

NAD IV Therapy aids the production of ATP (Adenosine Triphosphate) which is essentially the source of energy for our cells. This boost of ATP reduces feelings of tiredness and exhaustion. It can also help recovery from jet lag.

#### 3. Improve Athletic Performance

Athletes and anyone looking to improve their physical performance will benefit from NAD therapy.

- ~ Improve reaction times
- ~ Build stronger muscles, increase muscle mass
- ~ Have more energy and clear thinking during training and competitions

#### 4. Slow the Ageing Process

Improve and protect memory, focus and concentration

- 5. Boost Metabolism
- 6. Immediate Bioavailability

By bypassing the gut, nutrients are more readily available to the body

- 7. Can help reduce symptoms of depression
- 8. Reduce Pain

NAD+ helps Sirtuins function within the body. Sirtuins are signaling protiens, their function is to assist with reduction of inflammation which in turn reduces pain.

### How we use it.....

NAD regenerative therapy is simple and convenient. Patients are able to sit comfortably, read or work on their laptop. NAD IV lasts 30 - 60 minutes, patients are able to return to normal activities immediately afterwards.

## NAD Regime

NAD 100

- ~ Suitable for clients new to NAD
- ~ Short term boost suitable for clients preparing for a test or sports performance, best delivered up to 3 days prior
- ~ Can be used as a once off treatment

#### NAD 300

- ~ Suitable for clients wanting to commit to longer lasting results and invest in their overall well being
- ~ Best delivered as a regime of 4-6 infusions delivered once or twice weekly as a loading dose, then maintenance of one treatment monthly or second monthly

Synergistic effects may be acheived by combining any NAD+ treatment

## NMN Capsules

What are they?....

NMN stands for nicotinamide mononucleotide .

These capsules are a mix of NMN plus NAD+.

This provides a dual action to improve NAD levels, the benefits include slow ageing process, may help boost energy and fight fatigue, DNA repair in a fast acting formula

NMN Capsules \$POA for 1 months supply

