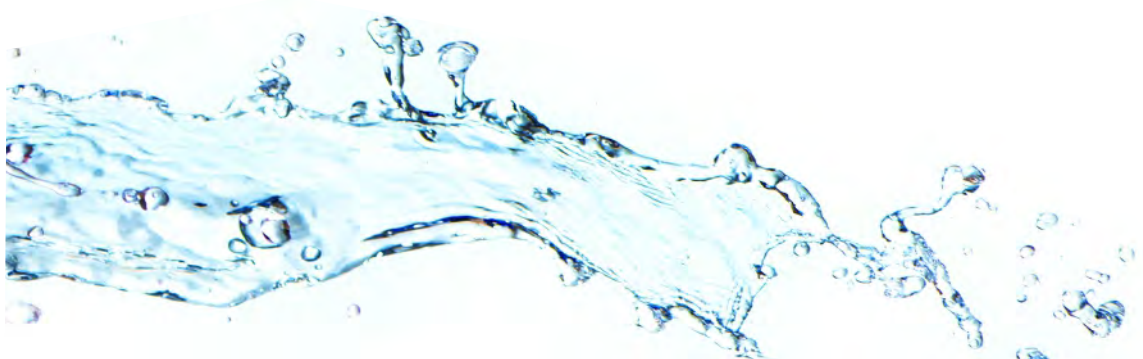


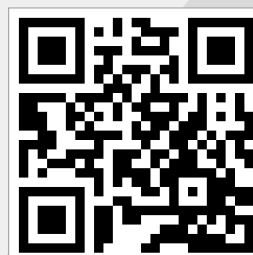
Your Health, our Expertise  
Recover, Refresh, Rejuvenate



**Beautify SA**  
*by Lucy Larwood*

anti-ageing & aesthetics clinic

**Silver Menu**



163 Murray Street  
Gawler S.A. 5118  
8504 7500



**Silver  
Menu**



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# Silver Menu

## Myers Cocktail

This is a great overall cocktail which provides hydration as well as having energy boosting and antioxidant properties. This is the intravenous cocktail that started it all. Dr. John Myers pioneered the use of intravenous supplemental therapy in the 1960s but his formula has been tweaked and improved to where it is today by his protégé and associate, Dr. Alan Gaby in the 1980s.

### Why we love it.....

This wonderful all-round formulation contains Vitamin C, Vitamin B Complex, Magnesium as well as the benefits of Zinc. While it has energy-boosting properties it is also useful for those with mal-absorption issues due to gut issues or gastric bypass / reduction surgery. The fluid and vitamins provide both a physical and psychological quick boost in energy levels. Additionally, this formulation can promote restful sleep and may assist with fighting caffeine and sugar cravings. This formulation is ideal before a special event or when your body is under unusual temporary stress.

### How we use it.....

This formulation is best administered once per week for 3 - 4 weeks initially. We recommend top-up infusions each 1 - 2 months for maintenance

### Add-on shots.....

Glow - collagen loving Amino Acids, Glycine & Prolene, great for skin, hair nails & stress

GB - contains Arginine, Ornithine, Glutamine & Lysine for endurance, stamina & decreased recovery time

CYF - contains taurine and serine to assist in managing psychological stress and anxiety

## Indulgence Recovery

Let's face it, these are tough and stressful times. As a response to the turmoil and uncertainties we can all overindulge in poor food and drink choices. Sometimes we just need to let our hair down....., but this does carry consequences. Overindulgence in alcohol and some foods can lead to depletion of essential nutrients from our brains and bodies. Symptoms can include headaches, nausea, fatigue, dizziness and mood changes. But we can help.....

### Why we love it.....

At times like this your mind and body need the fluid, electrolytes and the all-important B Group Vitamins, particularly Thiamine, which are often depleted by over-indulgence. Our "Indulgence Recovery" formulation helps your body with rehydration and will relieve nausea, particularly with our add-on powerful medicinal wafer. The electrolytes and vitamins help stabilise mood and the body rebalance.

### How we use it.....

This formulation is ideally used pre and post a celebrational or indulgent event. It can be used to pre-hydrate or rehydrate. It is used as a rescue remedy or to soften the impact of impending overindulgence.

### Add-on shots.....

Zofran wafer - a powerful prescription only anti-emetic medication

## Regrowth

This powerful cocktail is packed with Vitamin C, the antioxidant Selenium and all-important Zinc. This combination of nutrients may assist in preventing premature hair loss, boost skin health and general well-being

### Why we love it.....

This formulation supports immune health and male fertility. It can improve overall metabolism. Its ingredients assist in maintaining healthy hair, skin and nails. It also provides hydration and quick energy.

### How we use it.....

This formulation is best used in combination with Platelet Rich Plasma (PRP) treatments. Optimum results can be achieved with weekly infusions for 3 - 4 weeks and then regular infusions every 4 - 6 weeks.

### Add-on shots.....

Biotin Shot

Red Racer Shot



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